



# PAXIS Institute: My Values<sup>1</sup>

Please provide responses to questions about your ideas, your beliefs, and your life. Please bear in mind that, there are no right or wrong answers. There are just answers important to you.

<i>Please circle the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> most important value from this list</i>			
Athletic ability	1	2	3
Being good at art	1	2	3
Being smart or getting good grades	1	2	3
Creativity	1	2	3
Independence	1	2	3
Living in the moment	1	2	3
Membership in a social group ( <i>such as your community, racial group or club</i> )	1	2	3
Music	1	2	3
Politics	1	2	3
Relationships with friends or family	1	2	3
Religious values	1	2	3
Sense of humor	1	2	3

*Please look at the values you picked as most important to you, and to think about times when these values were important to you. Please describe in a few sentences why the selected values are important to you. Focus on your thoughts and feelings, and don't worry about spelling, grammar, or how well written it is. Please list the top two reasons why the values you selected are important to you:*

Reason #1:

Reason # 2:

*Please indicate your level of agreement with four easy-to-agree-with statements concerning the selected values.*

	<b>Strongly Agree</b>	<b>Agree</b>	<b>Unsure</b>	<b>Disagree</b>	<b>Strongly Disagree</b>
<i>These values have influenced my life</i>	SA	A	U	D	SD
<i>In general, I try to live up to these values.</i>	SA	A	U	D	SD
<i>These values are an important part of who I am.</i>	SA	A	U	D	SD
<i>I care about these values.</i>	SA	A	U	D	SD

<sup>1</sup> This is based on an experiment conducted with minority underachieving 9<sup>th</sup> graders, completing this activity with longitudinal follow up for nearly two years on academic achievement. The study was published in Science, a prestigious peer-reviewed journal.